

Dear Scout Leader,

Welcome to our 2012 Summer Camp program. Thank you for considering one of our Council Camps this year. No matter which camp you choose we feel you will experience Scouting at its best and we can't wait to have you as our guests. Two beautiful camps, each with their own unique features.

- **Saukenauk Scout Reservation (SSR)** is 602 acres of prime Scout realty that features a lake, swimming beach, climbing tower, trails for biking and hiking, and so much more.
- **Camp Eastman (CE)** is over 300 acres located on the banks of the mighty Mississippi River and features a swimming pool, COPE Course and easy access to the river for waterskiing, canoeing and sailing.

THE ULTIMATE CHALLENGE!

Boy Scout camp means more than just camping out or a collection of badges. It is an experience in living together and cooperating with others. It is learning to surmount the challenges of camping in the great outdoors and learning to live in harmony with nature. In conquering these challenges you will gain confidence and a belief in your ability so you can go on to even greater achievements. Set your goals high and resolve to achieve them. You can do it, and we are here to help!

2012 Summer Camp Guidebook

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X-treme SCOUT

ENHANCED for 2012 **The Adventure they have been craving!**

This NEW enhanced high adventure program is for Scouts who are at least 14 years of age. It is designed for those older Scouts to experience camp in a whole new light. Earning merit badges will be seldom, but creating adventures and memories will be numerous!

Scouts will be organized as a provisional troop and taken on an adventure that spans two camps and the Mighty Mississippi! Space is limited in this elite opportunity as each session must have a minimum of 8 Scouts and no more than 15. Sign-ups start April 1st online at www.mississippivalleybsa.org and a complete guide book will be sent to participants including a listing of equipment. A complete BSA Health and Medical form is required and note that Scouts should be in good physical condition to withstand high adventure elements.

Adventures may include:

- High Ropes COPE Course
- Mississippi River canoe trip
- Jet Skis
- “Scout vs. Wild” Wilderness Survival
- Mountain Boarding/ Biking
- And more...

There will be charge for this adventure, in addition to the regular cost of summer camp.

Complete cost breakdown and dates available soon!

2012 Mississippi Valley Council

CREW WEEK

Leadership, Conservation, Service

NEW for 2012 summer is Crew Week June 3 - 9 at Saukenauk Scout Reservation and Camp Eastman

Sign up for this elite opportunity to join other Scouts in service at camp.

Under the direction of our Camp Rangers, Crew Members will focus on conservation projects during their week. The program is not simply building trails and work, but a journey that challenges Scouts mentally, physically and spiritually.

Space is limited to the first 15 applicants. Participants must be at least 14 years of age. Applications will be available online at www.mississippivalleybsa.org. Complete BSA Health and Medical form is required and Scouts must be in good physical condition and expect strenuous work.

Your opportunities may include:

- Trail Building
- Conservation
- Leave No Trace
- Patrol Method
- Leadership Training
- Opportunities to experience programming at SSR and CE

Cost is only \$80.00 for the week by April 1st AND that amount will be subtracted from your regular summer camp fee.

2012 NYLT

National Youth Leadership Training

June 10-16 at SSR & CE

National Youth Leadership Training June 10 - 16 at Saukenauk Scout Reservation and Camp Eastman

National Youth Leadership Training is an exciting, action-packed program designed for councils to provide youth members (Boy Scouts and Venturers) with the leadership skills and experience they can use in their home troops or crews and in other life situations demanding leadership of self and others.

The NYLT course centers around the concepts of what a leader must BE, what he must KNOW, and what he must DO. The key elements are then taught with a clear focus on HOW TO. The skills come alive during the week as the patrol goes on a Quest for the Meaning of Leadership.

NYLT is a six-day course. Content is delivered in a troop and patrol outdoor setting with an emphasis on immediate application of learning in a fun environment. Interconnecting concepts and work processes are introduced early, built upon, and aided by the use of memory aids, which allows participants to understand and employ the leadership skills much faster.

Applications for participants as well as recommendations are available online at www.mississippivalleybsa.org, calling 319-754-8413 or email the Course Director, Ron Teater at rteater@mchsi.com

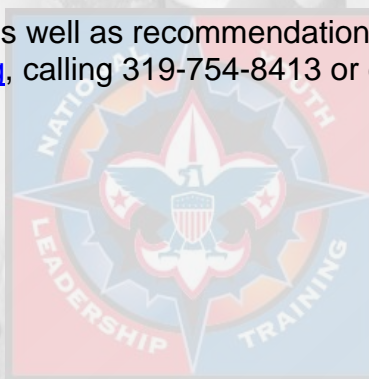


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ORGANIZING YOUR TROOP

A well-organized and informed Troop will make summer camp more enjoyable for everyone involved and help to increase your attendance at camp as well.

***Troop Leader-** If you are a leader, make sure you are familiar with this guidebook, check the website often, and attend Roundtable for up-to-date information.

1. Start by prepping your Troop early and promote camp year round to help keep boys excited about summer camp.
2. Mark all deadline dates (deposits, Camperships, final payment dates, meetings, etc.) on the Troop's calendar.
3. Work with families and promote Camp Savings Plan to help Scouts be "Thrifty" and earn their way to camp and help the Troop Committee with budgetary needs for camp.
4. Schedule time with each Scout to go over possible Merit Badges and special programs to be offered at camp.
5. Schedule time with the Order of the Arrow to conduct unit elections and camp promotion.
6. Conduct a "Troop Camp Kick-Off" to inform families of plans and answer questions.
7. Attend a Pre-Camp Leaders meeting on one of these days: Wednesday, February 29th in Quincy, Thursday, March 1st in Keokuk, and Thursday, March 7th in Burlington.
8. Finalize Rosters and online Merit Badge registration by going to www.mississippivalleybsa.org.
9. Organize all Health Forms, payments, and travel for camp.
10. HAVE FUN!

***Parent/guardian-**Informed families can greatly enhance your boy's summer camp experience and ease anxieties for first time campers. Be familiar with this guidebook and work closely with your Troop leadership to stay informed.

1. Find out which session of Camp your Troop is attending.
2. Mark all deadlines on your calendar – ask your Troop leader as they may require earlier deadlines in order to process all troop members' money and paperwork before they turn it in as a troop.
3. Schedule time to get your physical done. Use the official BSA Health and Medical Form and turn it into your Troop.
4. Work with Troop Leadership to find out which Merit Badges and programs are good for the Scout and sign-up for Merit Badges / programs online.
5. Working with Merit Badge Counselors, complete pre-requisites for camp Merit Badges.
6. Look through suggested items to bring to camp and work with Troop leadership to determine all gear to be taken to camp.
7. Attend "Troop Camp Open House" to get latest information and ask questions.
8. Mark Family Night Dates for camp and plan on attending and supporting your Scout!
9. MAKE IT FUN!

Pre-Camp Leader's Meeting-Please make plans to attend one of the following meetings. The Camp Director and other staff will be on hand to go through the 2012 Leader's Guide, demonstrate the new online Merit Badge registration system, and answer any questions. Meetings will all begin with dinner, on your own, followed by a presentation by the staff.

Wednesday February 29th – Quincy

Thursday March 1st – Keokuk

Thursday March 7th – Burlington

DAY ONE

Sunday Check-in

You're finally here! Plan on arriving at camp as a Troop, and park in the parking lot between 12:00 noon and 1:00 pm on Sunday of your arrival. If you will be arriving outside this window, please contact the Camp Director to make other arrangements. Check-in will begin at noon. Please do not arrive prior to this time to help our staff prepare camp for you. Overnight camping prior to the start of your camp week is not available.

Meet Your Troop Guide-Troop Guides will greet you in the parking lot area to assist you in parking your vehicles and organizing your troop for check-in as well as answering any questions you might have. Please do not drive into camp first.

Unload gear and set-up camp- We ask that Troops allow Scouts to hike into their campsites and start to set-up camp. Vehicles carrying troop equipment are allowed into camp from 12:00 noon to 2:00 pm only to quickly drop off your Troop trailer and return to the parking lot. One vehicle per troop is permitted in the camp at any one time.

Please observe camp vehicle policy outlined on page 16 of this manual at all times-no exceptions. Please inform family members prior to their arrival so no confusion is encountered.

Check-in procedures:

- ✓ One adult leader will be directed to the Camp Office. If you have worked everything out in advance, your registration should go smoothly (bring all receipts and rosters). Please don't wait until camp to pay fees or ask unanswered questions as this slows down check-in for other troops behind you.
- ✓ One adult to the Health Lodge to coordinate medical rechecks. Please bring all official complete BSA medical forms and medications to the Health Lodge. We can only accept fully completed, signed, and official BSA medical forms. If you have a Troop Lock Box for medications, please provide proof. Also bring any Scout or Scouter that may need to talk to the Health Officer about particular medical conditions or medications (**including the use of golf carts or other modes of transportation or other special accommodations and/or medications**)
- ✓ All Troop members to swim checks unless a swim check was turned in at check-in. Please come dressed in swim wear and have buddy tags that were issued by Health Lodge.
- ✓ Dining Hall Orientation-All troop members must come to the Dining Hall for orientation. Even if you are cooking in your campsite, please come to learn meal times so you can coordinate your schedule and inquire about services that may be available to you.

Camp-wide Tour

If you are new to camp or just want to see what is new at camp, schedule time with your Troop Guide and see all the program areas, facilities, and ask basic questions!

Emergency Drill

To “Be Prepared” we will be running an emergency drill at approximately 5:45 pm that will have the emergency siren going off. Please review all emergency procedures and speak to all Scouts and families about how to properly respond to emergency situations before coming to camp. This will help to ease the anxieties of young Scouts, families, and new adult leaders.

Emergency Drill will conclude by all of camp lining up in a pre-designated area for a head count. Please line up according to Troop for your head count.

Flags

Starting at 6:00 pm. Flag raising and lowering is a time for all of camp to come together and honor America. *Please wear your “Class A” uniforms for all evening flags.* It is requested that all troops attend flags and volunteer to do flag raising and lowering throughout the week.

Dinner

Dinner will begin immediately after Flags at the Dining Hall. It is requested that you wear your “Class A” uniform each evening meal. All meals are a great time to hear messages and memos regarding camp and enjoy in program.

Scoutmaster Meeting/Senior Patrol Leader meeting - 7:30 pm

We ask that the Scoutmaster (or main leader in camp) and the Senior Patrol Leader (top elected youth leader) attend this meeting. Camp Director, Program Director, and Program Area Directors will be on hand to give you specific information about programs and a preview of the week ahead. Bring your pencil and notebook to take the information back to your troop!

Opening Campfire

Your first campfire at camp is one that is brought to you by Camp Staff. Come and meet the staff, enjoy skits and songs, and enjoy everything it means to be a Scout and get your week started off right!

Good Night’s Rest

Scouts of all ages need to rest up for a week chocked-full of activities. General “Lights Out” is **10:30 p.m.** Scouts (and Scouters) should refrain from making loud noise, scheduling showers, and playing out of respect to other troops.

Leaving Camp Early

If a Scout must leave camp for any reason during the week it must be cleared through the camp office and Camp Director. Adults that are checking youth out of camp must fill out the “Early Release Form” located in the camp office and have a valid form of ID ready. Youth will only be released to parents/ guardians or other authorized adults.

MERIT BADGE PROGRAM

Block Schedule

Unique to our summer camp program is a block schedule for Merit Badges. Block scheduling for camp is a type of scheduling in which each Scout has fewer Merit Badges per day but for a longer period of time. As an example a Scout could sign up for 8 Merit Badges for summer camp but only 4 per day. The specific Merit Badges rotate through on a 2 day cycle for instance a Monday/ Tuesday Schedule and Wednesday/ Thursday schedule with Friday being an open or make-up day.

Here is an example of a basic block schedule for an individual Scout at summer camp:

	Monday/ Tuesday	Wednesday/ Thursday	Friday
9:00-10:25	Art	Orienteering	Open/ Make-up
10:35-12:00	Swimming	First Aid	Open/ Make-up
1:30 – 2:55	Sailing	Chess	Camp Wide Games
3:05-4:30	Rifle	Open Swim	Camp Wide Games

We found that doing a block schedule allows for longer uninterrupted time for merit badge instruction, reduces wasted time walking in-between merit badge classes, and allows for more opportunities to take and complete a number of merit badges and still have time for fun activities.

Online Merit Badge Sign-up (Beginning April 1, 2012 at www.mississippivalleybsa.org)

2012 will see Troops scheduling their MB online BEFORE camp starts. The online MB will be required as many programs will be capped off to ensure a more quality program for each boy. These MB are on a FIRST COME FIRST SERVE BASES. Merit Badge online sign-up will begin on **April 1st, 2012 at 12:00 a.m.** and can be found at www.mississippivalleybsa.org. Complete instructions and tutorials will be made available to unit leaders.

Troops that do not sign-up online will need to see what programs are available at camp after the Scoutmaster Meeting, and there is no guarantee that all merit badges will be available at that time.

Being Prepared for Merit Badges and Activities

Make sure you sit down with your Scout and review their MB Schedule and review all pre-requisites and also review any additional costs that are associated with some merit badges (handicraft, shotgun, rifle, archery MB all have additional cost). Complete MB Schedule and detailed program schedule will be released early 2012. Stay informed through www.mississippivalleybsa.org, summer camp e-news letter, roundtable, or by calling 319-754-8413.

2012 Preliminary Merit Badge List

Aquatics

- Swimming
- Lifesaving
- Canoeing
- Rowing
- Waterskiing
- Motor boating

Scoutcraft

- Wilderness Survival
- Camping
- Pioneering
- Geocaching
- Indian Lore

Ecology/Conservation

- Eni. Science
- Geology
- Reptile & Amp Study
- Fishing
- Oceanography
- Soil & Water Conservation
- Plant Science

Handicraft

- Woodcarving
- Basketry
- Leatherwork
- Space Exploration

- Sculpture
- Photography
- Chess
- Fingerprinting

Shooting Sports

- Rifle
- Shotgun
- Archery

Other

- Climbing
- First Aid
- Emergency Prep

TYPICAL WEEK AT CAMP

Meal Times

Breakfast, lunch, and dinner are all served in the Dining Hall unless your troop is cooking in their campsite. Hardy, nutritious meals are served daily along with short meal time programs. Just in case a Scout may not prefer the served meal, healthy alternatives are always available such as salad bar, peanut butter and jelly sandwiches, and cereal.

Basic Program Schedule

8:00 am	9:00-10:25 am	10:35-12:00 pm	12:15 pm	1:30 pm-2:55 pm	3:25-4:30 pm	6:00 pm
Flags & Breakfast	Program	Program	Lunch	Program	Program	Flags & Dinner

Merit Badge Program

Merit Badge classes typically start at 9:00 a.m. and run until afternoon programs end at 3:00 p.m. Scouts should work with their families and leaders to determine the best schedule. Make sure to check out the preliminary Merit Badge listing and pre-requisites before you come to camp. Check back in at the spring to register your Scouts for Merit Badges online. Be sure not to overbook Scouts in Merit Badge classes so they have time to enjoy other programs offered at camp. Also be sure that each Scout is physically capable to complete each MB. Many MB have STRONG suggestions as to physical abilities or preferred experience. Talk over with your Scout before camp.

T-2-1

This is our young Scout program where “Scouts are First Class”. This program helps boys with Tenderfoot, Second Class, and First Class ranks. This program is offered as an open/block schedule to maximize opportunities for Scouts. In other words a Scout does not have to be in the T-2-1 program for Tenderfoot if he has already earned the Tenderfoot Rank and can choose other programs or merit badges. Scouts will not “earn” any ranks at camp, but rather get in specific requirements to help them on their trail to the First Class Rank.

X-treme Scout

This program is for Scouts who have at least 3 years of Boy Scout Camp experience. This program is designed for those older Scouts to experience camp in a whole new light and will take them to the far reaches of camp. Earning merit badges will be seldom, but creating adventures and memories will be numerous! From sailing and water skiing on the Mississippi to flying high on the COPE Course Scouts will be able to experience a taste of everything! There will be an extra charge to participate in this program in addition to the regular cost of summer camp.

Afternoon Programs

In the mid-afternoon, special programs will be offered camp-wide to give every Scout a taste of adventure and experience camp like never before. Adventure activities will vary from Saukenauk to Eastman, but may include:

Mountain Boarding (SSR/ CE)
Waterskiing (CE)
Zip Line (SSR)
Open Boating (SSR/ CE)
Sports (SSR/ CE)
Action Archery (SSR/ CE)
COPE Course (CE)

Climbing Tower (SSR)
Mountain Biking (SSR/ CE)
Indian Lore (SSR/ CE)
Advanced Sailing (CE)
Open Swim (SSR/ CE)
Fishing (SSR/ CE)
And more...

Evening/Specialty Programs

Throughout the week we will offer opportunities for your Troop and Patrols to compete and have fun. Troop shotgun/rifle shoot, Staff vs. Camp events, camp wide games, and of course campfires You will need to sign-up as a troop online when Online Merit Badge sign-ups go live in the late spring (i.e. one troop leader will enter in all information for all Scouts).

Service Projects

Units and patrols are strongly encouraged to complete a service project around camp during your week. The Ranger will provide a list of what can be done and will work with camp leadership to help coordinate. Have your Senior Patrol Leader ask on Sunday what service project you can do!

Spreading mulch, trimming trees, making trails, and having a good time is just a taste of what service at is all about. We want our Scouts to realize that service isn't a pretty word for work, but a time to get together as a community to accomplish a meaningful task.

Adult Leader Programs

Adults are strongly encouraged to participate in our camp's program in numerous ways. We ask that adults with special skills participate in T-2-1, Merit Badge Programs, Leader Trainings (such as Youth Protection, Leader Specific Training, and other outdoor specific trainings), and more! We've found the more engaged adults are, the more it enhances a Scout's experience. You may also suggest any additional programs and ideas at the Pre-Camp Leaders meeting. In addition, we hold daily Leader Meetings and other opportunities to get engaged!

Mile Swim

Anyone interested in the Mile Swim must register with the Aquatics Director before the event. Daily practice time is required for this activity and will be announced at camp to help coordinate with schedules.

Zip Line

Pay special attention to announced times to zoom across the zip line at SSR. Soar up to 80 feet in the air and travel 300 feet through the trees at Saukenauk Scout Reservation.

Climbing Tower

Special programs will be offered at the K-2 Tower at SSR. Night Climbs, chimney climbs, open climbing and rappelling, and more are offered.

COPE Course

Make sure you check out the COPE Course at CE. Besides regular COPE programs, Troops are encouraged to set up times to do as a team building activity and to HAVE FUN! The course has high and low elements to challenge even the most experienced Scout.

Trading Post

The Trading Post is your camp store in case you forgot that small toiletry at home or just want to buy souvenirs from Camp. Leaders and parents should plan on additional money to be brought to camp to spend. Hours may vary, but usually the trading post is open throughout the day and evening except during meal times. Refreshments (candy, soft drinks, ice cream, etc.), handicraft kits and supplies, camp souvenirs (T-shirts, patches, etc.), and other items are available. Cash and personal or troop checks are accepted.

Merit badge books for sessions offered at camp should be purchased at your local Scout Shop prior to camp arrival as they may only be offered in limited supply. Other merit badge related items for camp will be sold here.

Saturday Check-out

Saturday Check-out starts with meeting your Troop Guide in your campsite with a short breakfast to help you get checked out. Starting immediately after your breakfast:

- ✓ Your Troop Guide will bring the Campsite Check Out Form which will need to be completed before you leave your campsite.
- ✓ The Campsite Check Out form is signed by adult leader, Troop Guide, and given to the Camp Office to be signed to ensure the quality of your campsite when you check out as well as to initiate any repairs or refinements as necessary.
- ✓ On Friday all Troops will be given Evaluation Forms. One for Scouts and one for adult leaders. These forms must be completed and turned-in so you may receive your departure packet.
- ✓ Your departure packet will include troop advancement sheet (and blue cards), summer camp patches, medical forms, and medicines. We strongly suggest that you **review the contents** before you leave camp. It is very difficult to clear up discrepancies after you leave. All Troops must depart camp by 10:00 a.m.

Vehicles will only be allowed in camp on Saturday morning before breakfast and must follow council vehicle policy.

As a general rule, Troops are discouraged from leaving Friday night before campfire. If a Troop does decide to leave directly after campfire, they must work directly with the Camp Director as to if/when vehicles can enter camp to load gear. All other check-out procedures will need to be completed and we cannot guarantee that your departure packets will be ready. It will be the Troop's responsibility to make arrangements to pick them up from one of the Scout Service Centers at a later date.

Council Refund Policy

A great deal of planning and purchasing takes place in all programs and events of the Mississippi Valley Council during the months and weeks prior to the event. These expenses can include, but are not limited to, training, facility rentals, supplies, staff, food, and program materials. Therefore refunds for campers will only be made under the following conditions. All requests for refund must be made in writing. There will be a \$25 service fee on all refund requests.

- Refunds requested two weeks (14 days) prior to an event will be considered less any non-refundable fees or service fees.
- Refunds requested after 14 days prior to the start of camp will be determined on a case-by-case basis, less any non-refundable fees and are eligible for up to a portion of the fee.

Refunds should only be requested for serious illness or injury (a doctor's certification may be requested), or death in immediate family. Other emergencies may be considered; however refunds are not given for no-shows, conflict of schedule (such as a sports event), dropping out, weather conditions, or behavior issues.

Include all pertinent information such as participant name, unit type and number, district, address, contact phone number, name of event and date or session of event. Refund requests should be made as soon as possible and will not be considered if received more than 14 days after the start of your camp. Refunds for camps that have Pack, Troop, etc signups are refunded to the unit. Refunds for camps that have individual sign-ups are refunded to the individual family.

Send refund request to: Mississippi Valley Council, 3007 Flint Hills Dr., Burlington, IA 52601 Attn: Council Outdoor Adventures Committee.

General Rules of Camp

- All troops in camp must have at least two (2) leaders with the troop 24 hours a day. One leader must be at least 21 years of age. The second leader must be at least 18 years of age. Leaders may rotate if necessary.
- The consumption, possession or use of alcohol in any form, and all controlled or illegal substances while on or near the premises of camp property is not permitted. Being under the influence or even having alcohol on the breath is a negative influence on our youth. Those individuals will be asked to leave, whether they are campers, leaders, staff, or visitors.
- No firearms, bows, or arrows of any kind may be brought to camp.
- **Absolutely no fireworks or ammunition** of any kind are permitted at camp. The only exceptions to this are materials used in program activities supervised by the camp staff.
- Liquid fuels are not permitted at camp. Propane may be used, but only under the supervision of an adult.
- No fires or open flames are allowed in or near tents. This includes self-contained stoves and lanterns, mosquito coils, citronella candles and other such items. All tents must be clearly marked, "NO FLAMES IN TENTS."
- Sheath knives are not practical for the type of camping done at summer camp. Do not allow your Scouts to bring them to camp.
- Avoid using aerosol spray cans while at camp wherever possible.
- Anyone leaving camp must check out and back in at the Trading Post.
- Leaders do not smoke in program areas, campsites or anywhere in the presence of youth. Smoking is not permitted inside any camp structures. A designated area will be available for those wishing to do so.
- Campers and RV's are not permitted in campsites.
- No electricity is to be run to or generated in campsites which includes running of extension cords from power sources.
 - Troops that have disability needs will work with the Camp Director prior to camp to accommodate where possible.
 - Batteries (inverter and/or rechargeable marine batteries) used for medical needs are allowed to be recharged at a location specified by the Camp Ranger.
 - Vehicles will not be allowed to be used as sources of power in campsites
- **All private vehicles are to be parked in the camp parking lot.** Troop utility trailers can remain in the campsite, but vehicles cannot.
- Personal bicycles are not permitted on camp property during summer camp.
- **No pets** are to be brought to camp. This includes dogs, cats, rats, etc.
- No additional family members or additional guests will be allowed to stay at camp unless they are registered campers.
- **Identification Bracelet**-Each Scout and adult leader, will be issued a color-coded bracelet for identification purposes. **These bracelets must be worn at all times and are to be worn around the wrist, no exceptions.** The first lost bracelet will be replaced at no charge. Additional bracelets will cost \$1.00. Only those persons that appear on the official troop roster will be issued an identification bracelet. Leaders that come at a later time of the week must check-in at the camp office and receive a bracelet and must be listed on the troop roster or they will not be permitted at camp. The bracelets also act as meal tickets. If a person is not wearing a bracelet they will require a \$7 meal ticket from the trading post. Bracelets will be issued at check-in at the Camp Office.
- Closed toed shoes/sandals must be worn-please no flip-flops, gators, or open toed sandals. This is done for safety reasons. Flip flops/open toed sandals are allowed in the shower house, pool, and beach area for swimming/showering only.
- Any person refusing to live within the rules of the camp, the Boy Scouts of America, or the State of Illinois may be told to leave camp without consideration of refund or compensation of any kind.

Vehicle Policy

1. No cars or trucks are allowed at anytime in camp unless authorized by the Camp Director.
2. All cars and trucks will remain in the parking lot with the exception of during loading and unloading of Troop equipment on Sunday and Saturday.
3. Family night needs for visitors requiring transport will need to contact the Scout office or the Camp Director one week prior.
4. No vehicle shall carry passengers except in a seat with a seat belt (for example: no passengers in the bed of the truck, on running boards, etc.).
5. The speed limit in camp is five miles-per-hour at all times (even in emergency situations.) The camp director will revoke privileges for unsafe driving.
6. All vehicles shall be operated on established roads unless absolutely necessary. Any turf damage will be repaired by the party causing it.
7. If a troop is cooking in their campsite and must do food runs, you must coordinate with the Camp Director on appropriate times to drive in camp. Suggested times are early morning or during meal times, program or open camp time are not acceptable and vehicles may be asked to leave for unauthorized driving in camp.
8. Registered Youth Campers should not bring vehicles or be allowed to leave camp without parent/guardian permission or supervision. Permissions must be in writing and given to the Camp Director upon arrival at camp.

Visitors and Visitor Meals

Visitors are always welcome in camp. Visits should be with the knowledge of the Scoutmaster so troop schedules will not be disrupted. Overnight accommodations for parents and visitors are not available in camp. All visitors must register with the Camp Office and/or Trading Post upon arriving and checking out of camp (except on Family Night). All visitors will be expected to follow all camp rules, so please inform before their arrival. If a visitor does not have a current physical, their activities will be limited. Visitors must be wearing a wristband to be in camp (except for Family Night) and are available at the Trading Post.

Meals for visitors at camp are \$7 per meal and meal tickets can be bought in the Trading Post.

Visitors on behalf of the Order of the Arrow or Tribe of the Silver Tomahawk are welcomed but asked not to arrive before 5:00 p.m. on scheduled ceremony days and are required to check in and out of camp at the required locations. Overnight visits are not permitted unless a registered camper. All unauthorized visitors will be asked to leave immediately

Camp Fireguard Plan Is In Effect

Each troop shall be given a laminated Unit Fireguard Chart, No. 33691A to display in the campsite. The senior patrol leader and unit adult leader are responsible for filling it in and reviewing it with the troop. In general, scouts are not expected to fight fires. However, if a small fire breaks out that, in the judgment of the adult leaders, can be put out with available personnel and equipment, please do your best to put it out, and notify the camp office if assistance is needed. Tents shall be marked with "NO FLAMES IN TENTS." No flames shall be permitted in tents at anytime. Games of running and wrestling shall take place away from fire sites. Use of fire shall be supervised by responsible leaders. Campfires and cooking fires shall be used in campsites with care taken to observe any warnings of forest fire danger.

Emergency Alarms

The camp has its own emergency alarm system located in a central area. It is important for everyone to be aware of the system and how to respond, including visitors. In the case of emergency follow the emergency plans and report to your designated location for a head count. Troops should go over emergency procedures before coming to camp and also inform parents of plans so they know how the Troop emergency plans will be enacted.

Health Lodge and Emergency Care

24-hour emergency medical care will be available by a competent Health Officer. A Scout or leader that has a medical problem should report to the Health Lodge as soon as possible. A medical doctor is on call for medical advice and emergencies. Ambulance service is minutes away. An emergency vehicle is in camp to provide transportation to a doctor or hospital. An AED is located in the Health Lodge.

Insurance

The Mississippi Valley Council provides accident and liability insurance for those persons registered in the Boy Scouts of America and are registered campers. No other youth are permitted to camp nor participate in the program of the camp for insurance reasons. Out of Council units must present proof of insurance from their council upon check-in on Sunday or mail to the Burlington Scout Service Center prior to the camp session. Any accident that occurs while they are at camp is covered. Claim forms must be filled out by the parents and physician and submitted to the Scout Service Center. The insurance is a **secondary** policy. It pays up to \$15,000 for Accident Medical Expense Benefits. Claims should be filed as soon as possible with the Council Service Center. Additional information about filing claims can be obtained from the Council Administrative Office in Quincy, IL at (217) 224-0204.

Medical Exams

Medical forms are available at either Scout Office, can be downloaded at the Council website at www.mississippivalleybsa.org, and are also included in this guidebook. A medical exam, with Physician's signature and date, is required. A school, sports, or work physical exam is NOT acceptable. It is understood that when compliance with the medical examination requirement is in violation of the religious convictions of the individual, such requirements will be set aside by the presentation of certification from the camper's parents and proper church officials that: a) a definite violation of religious conviction is involved; and, b) the parents or next of kin accept full responsibility for any consequence of such exemption and release the Mississippi Valley Council, the BSA, their employees and volunteers from any responsibility.

Medication

All persons needing medication while at camp must turn the medication in to the Health Officer during the Health Lodge visit (see check-in) on Sunday and report to the Health Officer when the medication is to be taken. There are exceptions to this rule, such as Troop lockboxes. Check with the Camp Medical Officer if you have questions.

Swim Classification Procedures

The swim classification of individuals participating in a Boy Scouts of America activity is a key element in both Safe Swim Defense and Safety Afloat. The swim classification tests should be renewed annually, preferably at the beginning of each outdoor season. Traditionally, the swim classification test has only been conducted at a long term summer camp. However, there is no restriction that this be the only place the test is conducted. It may be more useful to conduct the swim classification prior to a unit going to summer camp.

All persons participating in BSA aquatics are classified according to swimming ability. The classification tests and test procedures have been developed and structured to demonstrate a skill level consistent with the circumstances in which the individual will be in the water. The Swimmer's Test demonstrates the minimum level of swimming ability for recreational and instructional activity in a confined body of water with a maximum 12-foot depth and with shallow water footing or a pool or pier edge always within 25 feet of the swimmer.

The various components of each test evaluate the several skills essential to the minimum level of swimming ability. Each step of the test is important and should be followed as listed below:

SWIMMER'S TEST:

Jump feet first into water over the head in depth, level off, and begin swimming. Swim 75 yards in a strong manner using one or more of the following strokes: side stroke, breast stroke, trudgen, or crawl; then swim 25 yards using an easy resting back stroke. The 100 yards must be swum continuously and include at least one sharp turn. After completing the swim, rest by floating.

BEGINNER'S TEST:

Jump feet first into water over the head in depth, level off, swim 25 feet on the surface, stop, turn sharply, resume swimming as before, and return to starting place.

OPTION C (At unit level with council-approved aquatics resource people):

The swim classification test done at a unit level should be conducted by one of the following council-approved resource people: Aquatics Instructor, BSA; Aquatics Supervisor; BSA Lifeguard; certified lifeguard; swimming instructor; or swim coach. When the unit goes to a summer camp, each individual will be issued a buddy tag under the direction of the Camp Aquatics Director for use at the camp.

SPECIAL NOTE: When swim tests are conducted away from camp or at the point of activity, the Aquatics Director shall, at all times, reserve the authority to review or retest all participants to ensure that standards have been maintained.

WHAT SHOULD I BRING TO CAMP

You'll want to be prepared for your week at camp. The following lists should be a good beginning. Feel free to add to the list, and check with your troop as to what equipment may be provided.

Be sure to bring:

- Completed and signed BSA Health and Medical Form (school or athletic physical forms can NOT be accepted)
- Medications labeled with easy to read directions for the Medical Officer
- "Class A" Boy Scout uniform: shorts, shirt, socks.
- Boy Scout Handbook
- Flashlight
- Appropriate hat (Boy Scout or troop hat preferred)
- Appropriate summer clothing: i.e. t-shirt & shorts (Boy Scout or Troop shirts preferred)
- Notebook and pencils
- Personal gear (towel, soap, toothbrush/paste, comb)
- Raincoat or poncho
- Sleeping bag or blankets
- Sneakers and/or hiking shoes (**closed toed sandals only**- no flip flops or gators)
- Shower shoes or aqua-socks
- Spending money
- Sweatshirt or light jacket
- Swim trunks
- Underwear and socks (should plan on extra socks in case of wet weather to help keep your feet dry)
- Bug spray (non-aerosol)
- Sun screen
- Merit Badge Books for merit badges for which you are signed up.
- Small lock box for important items

Optional - you might want to bring:

- Camera and film
- Clothes hangers
- Clothes line or rope
- Clothes pins
- Compass
- Individual first aid kit
- Musical instrument
- Pocket knife
- Sewing kit
- Watch

Please *do NOT bring:*

- Cell phones (talk with your Troop leaders about troop policy regarding cell phone use at camp)
- Archery equipment
- ipods, mp3 players, or gaming systems
- Expensive jewelry or clothing
- Fireworks
- Gasoline fueled stoves or lanterns
- Guns of any kind
- Sheath or switchblade knives
- Slingshots

**2012
SUMMER CAMP RESERVATION FORM**

A \$100.00 non-refundable deposit is required to reserve a campsite for the 2012 summer camp season.
The fee will be subtracted from the total 2012 camp fees.

UNIT Troop _____ Team _____ Crew _____

District _____ Council _____

CAMPSITE REQUEST MADE BY:

For out-of-council units, camp literature will be sent to person named here.

Name _____

Address _____

City _____ State _____ Zip _____

Phone Home (____) _____ - _____ Cell(____) _____ - _____

Work (____) _____ - _____ Ext. _____

Email Home _____ Work _____

CAMPSITE AND WEEK PREFERENCES

CHOICE	WEEK	CAMPSITE
FIRST	_____	_____
SECOND	_____	_____

2012 SUMMER CAMP DATES		
Week	Camp	Dates
SSR-1	Saukenauk (closed)	June 17 - 23
SSR-2	Saukenauk	June 24 - June 30
CE-3	Eastman (closed)	July 8 - 14
CE-4	Eastman	July 15 - 21
CE-5	Eastman	July 22 - 28

Attached is our 2012 unit deposit in the amount of \$100.00

ADDITIONAL INFORMATION:

Does your Troop anticipate using your own tents? Yes No

Does your Troop anticipate using Council tents? Yes No How many? _____ for Scouts _____ for Leaders

Does your Troop anticipate using the Dining Hall or cooking in your campsite? Dining Hall Campsite

Estimated # of Scouts for camp _____ Estimated # of Leaders for camp _____

SIGNATURE _____

DATE _____ - _____ - _____

***Each unit attending summer camp is has to pay the campsite deposit and complete this form in its entirety. Campsites cannot be reserved until the campsite deposit is paid and this form is turned in.
THANK YOU!***

FOR OFFICE USE ONLY

Date Received _____ - _____ - _____ Receipt Number _____ Initials _____

Camp (SSR/CE) _____ Week _____ Campsite _____

ADDITIONAL COSTS (to keep in mind when planning) DUE AT CAMP

Tent Rental

- \$10.00 per council owned canvas tent
(includes 2 cots)

Program Costs

- Rifle - \$5.00 for the week
- Shotgun - \$10.00 for the week
- Handicraft Merit Badges - between \$5.00 and \$10.00

Trading Post

- Each Scout (and Scouter) should plan on bringing extra money to spend in the trading post for snacks, t-shirts, other camp souvenirs, and small emergency buys (batteries, small toiletries, etc). Most items in the Trading Post are between \$1 - \$15.

2012 SUMMER CAMP FEES AND SAVINGS PLAN

2012 Camp Fees for Council Units:

- \$225.00 per youth
- \$125.00 per adult

2012 Camp Fees for out of Council Units:

- \$240.00 per youth
- \$125.00 per adult

EXTRA

We will not be “rolling over” camp fees from one year to the next.

If your Troop chooses to use the patrol or campsite cooking - subtract \$35 per person.

However, you can save money...

Introducing the 2012 “Camp Savings” PLAN

Troops that use the Camp Savings plan will:
Receive a **\$25 per person reduction in camp cost**
and **1 leader gets to come to camp for FREE** -
and all adults that are on your camp roster will **receive 2012 camp coffee mug.**

- Part 1** Reserve your campsite with a \$100 deposit by February 1, 2012.
(Many Troops have already done this).
- Part 2** Hold a Troop Camp Kick-off by February 28, 2012 and invite all Scout family members and eligible Webelos. Turn the Camp Kick-off form back in to the office for credit.
- Part 3** Your first camp payment of \$250 is due by March 23, 2012. Must also include your estimated number of Scout and adults that plan on attending.
- Part 4** Hold a Family Friends of Scouting presentation by May 4, 2012. (Council Units)
- Part 5** Make final camp payment **on-time** on or by May 4, 2012.

You must complete all five steps in order to receive the fee reduction, the 1 free leader, and the camp mugs.

If you complete all five steps of the Savings Plan, then your camp fees will be:

2012 Camp Fees for Council Units participating in the Camp Savings Plan:

- \$200.00 per youth
- \$100.00 per adult

2012 Camp Fees for out of Council Units participating in the Camp Savings Plan:

- \$215.00 per youth
- \$100.00 per adult

CAMP SAVINGS PLAN WORKSHEET

2012 Camp Saving Plan - Part 5 Final Payment

Make final payment **ON TIME** on or before May 4, 2012. Persons (other than new Webelos transfers) or units paying after May 4 will be expected to pay the regular camp fees.

cut here

2012 Camp Saving Plan - Part 4 Hold Family Friends of Scouting Presentation *(for Mississippi Valley Council units)*

Troop _____ City _____ State _____

We held a Family Friends of Scouting presentation on _____

You must hold your presentation by May 4th, 2012.

cut here

2012 Camp Saving Plan - Part 3 Summer Camp First Payment

Troop _____ City _____ State _____

Here is our Troop's \$250.00 camp payment. It is due by March 23, 2012.

We estimate _____ and _____ attending camp this year.
Youth # Adults

cut here

2012 Camp Saving Plan - Part 2 Summer Camp Kick-off

Troop _____ City _____ State _____

We held our Summer Camp Kick-off on _____
Date - must be prior to February 28, 2012

We had _____ and _____ attend this meeting.
Youth # Adults

How many Webelos attended your meeting _____

Leader holding this meeting: _____

This information must be sent or turned back into one of the Council Service Centers to receive credit for The Camp Savings Plan.

cut here

2012 Camp Saving Plan - Part 1 Reserve your Campsite

Reserve your campsite with a \$100 deposit by February 1, 2012
2012 - MISSISSIPPI VALLEY COUNCIL - 2012



Campership Application

Pack/Troop Leader and/or Parent:

The Mississippi Valley Council Campership program is available to provide financial aid for those Scouts and families needing assistance in paying the fees for summer camp as we believe that financial barriers should not exist for a boy to attend camp.

The ninth point of the Scout Law is a Scout is “Thrifty” and means every Scout makes an effort to earn their own way in all that they do. However, it is understood that sometimes conditions exist that families cannot afford the total cost of camp. The funds for camperships are only available due to the generous support of units’ and families’ participation in Family Friends of Scouting, the annual Popcorn Sale, and Camp Card Sales. Members of units or even individual youth members that participate in these programs will only be considered for a campership.

When making an application for a campership, please understand that a campership is not automatic and is based on several criteria including family need, the Scouts’ participation in council related fund-raising activities, and the Council’s availability of campership funds. The maximum campership available is one half the cost of camp.

All applications must be fully completed on both sides, signed by the Scout’s parent/guardian and unit leader in order to be considered. Camperships are available only for Scouts registered in Mississippi Valley Council and for Mississippi Valley Council camping programs.

Campership requests must be postmarked no **later than Thursday, April 5, 2012**. Approved camperships will be applied to the unit camp balance when making camp payments. Units will be informed by letter of Campership decisions. Late applications cannot be considered and all special circumstances will be handled on an individual basis and is no guarantee that camperships funds will be available at that point.

Unit Information

Pack # _____
 Troop # _____

Camp Information

**Select
One**

Boy Scout Summer Camp
 Cub Scout Resident Camp
 Son and I Family Camp

Date attending camp _____

Scout Information

Name _____ Age _____
Address _____
City _____ State _____ Zip _____
Phone (_____) _____ Years in Scouting _____ Current rank _____



Family Information

Guardian(s) name(s) _____
Guardian(s) occupation(s) _____
Number of children attending Scout camp _____

Background Criteria

- A. Did the unit participate in the Council Friends of Scouting Family Campaign? yes Date of family presentation _____
- B. Did the Scout participate in the Annual Popcorn Sale yes Total amount of popcorn Council Fall Popcorn Sale sold by Scout \$ _____
- C. Did the Scout participate in the Camp Card Sale yes Total amount of Camp Card Sale raised by Scout \$ _____

Campership Worksheet

- | | | |
|--|---|----------|
| 1. How much will the Pack/Troop contribute to the Scout's camp fees? | Total applied to camp | \$ _____ |
| 2. How much will the Chartered Partner contribute to the Scout's camp fees? | Total applied to camp | \$ _____ |
| 3. How much will the family contribute to the Scout's camp fees? | Total applied to camp | \$ _____ |
| 4. Total Campership Request: | (The sum of No. 1-4 should equal no. 5) | \$ _____ |

5. TOTAL CAMP FEE

\$

Parent's signature _____ Phone (_____) _____
Unit leader's signature _____ Phone (_____) _____
(both signatures required)
Unit leader address: _____ City _____ St _____ Zip _____

For office use only: Date received in Council Service Center _____

Turn in by Thursday, April 5, 2012

Annual BSA Health and Medical Record

Part A

High-adventure base participants:

Expedition/crew No.: _____
 or staff position: _____

GENERAL INFORMATION

Name _____ Date of birth _____ Age _____ Male Female
 Address _____ Grade completed (youth only) _____
 City _____ State _____ Zip _____ Phone No. _____
 Unit leader _____ Council name/No. _____ Unit No. _____
 Social Security No. (optional; may be required by medical facilities for treatment) _____ Religious preference _____
 Health/accident insurance company _____ Policy No. _____

ATTACH A PHOTOCOPY OF BOTH SIDES OF INSURANCE CARD. IF FAMILY HAS NO MEDICAL INSURANCE, STATE "NONE."

In case of emergency, notify:

Name _____ Relationship _____
 Address _____
 Home phone _____ Business phone _____ Cell phone _____
 Alternate contact _____ Alternate's phone _____

HEALTH HISTORY

Are you now, or have you ever been treated for any of the following:

Yes	No	Condition	Explain
		Asthma Last attack: _____	
		Diabetes Last HbA1c: _____	
		Hypertension (high blood pressure)	
		Heart disease (e.g., CHF, CAD, MI)	
		Stroke/TIA	
		Lung/respiratory disease	
		Ear/sinus problems	
		Muscular/skeletal condition	
		Menstrual problems (women only)	
		Psychiatric/psychological and emotional difficulties	
		Behavioral disorders (e.g., ADD, ADHD, Asperger syndrome, autism)	
		Bleeding disorders	
		Fainting spells	
		Thyroid disease	
		Kidney disease	
		Sickle cell disease	
		Seizures Last seizure: _____	
		Sleep disorders (e.g., sleep apnea) Use CPAP: Yes <input type="checkbox"/> No <input type="checkbox"/>	
		Abdominal/digestive problems	
		Surgery	
		Serious injury	
		Other	

Allergies or Reaction to:

Medication _____
 Food, Plants, or Insect Bites _____

Immunizations:

The following are recommended by the BSA. **Tetanus immunization is required and must have been received within the last 10 years. If had disease, put "D" and the year. If immunized, check the box and the year received.**

Yes	No	Date
<input type="checkbox"/>	<input type="checkbox"/>	Tetanus _____
<input type="checkbox"/>	<input type="checkbox"/>	Pertussis _____
<input type="checkbox"/>	<input type="checkbox"/>	Diphtheria _____
<input type="checkbox"/>	<input type="checkbox"/>	Measles _____
<input type="checkbox"/>	<input type="checkbox"/>	Mumps _____
<input type="checkbox"/>	<input type="checkbox"/>	Rubella _____
<input type="checkbox"/>	<input type="checkbox"/>	Polio _____
<input type="checkbox"/>	<input type="checkbox"/>	Chicken pox _____
<input type="checkbox"/>	<input type="checkbox"/>	Hepatitis A _____
<input type="checkbox"/>	<input type="checkbox"/>	Hepatitis B _____
<input type="checkbox"/>	<input type="checkbox"/>	Influenza _____
<input type="checkbox"/>	<input type="checkbox"/>	Other (i.e., HIB) _____

Exemption to immunizations claimed (form required).

MEDICATIONS

List all medications currently used. (If additional space is needed, please photocopy this part of the health form.) Inhalers and EpiPen information must be included, even if they are for occasional or emergency use only.

(For more information about immunizations, as well as the immunization exemption form, see Scouting Safely on Scouting.org.)

Medication _____ Strength _____ Frequency _____ Approximate date started _____ Reason for medication _____	Medication _____ Strength _____ Frequency _____ Approximate date started _____ Reason for medication _____	Medication _____ Strength _____ Frequency _____ Approximate date started _____ Reason for medication _____
Medication _____ Strength _____ Frequency _____ Approximate date started _____ Reason for medication _____	Medication _____ Strength _____ Frequency _____ Approximate date started _____ Reason for medication _____	Medication _____ Strength _____ Frequency _____ Approximate date started _____ Reason for medication _____

Administration of the above medications is approved by (if required by your state): _____
Parent/guardian signature and/or MD/DO, NP, or PA signature

Be sure to bring medications in sufficient quantities and the original containers. Make sure that they are NOT expired, including inhalers and EpiPens. You SHOULD NOT STOP taking any maintenance medication.

Part B

INFORMED CONSENT AND HOLD HARMLESS/RELEASE AGREEMENT

High-adventure base participants:
Expedition/crew No.: _____
or staff position: _____

I understand that participation in Scouting activities involves a certain degree of risk and can be physically, mentally, and emotionally demanding. I also understand that participation in these activities is entirely voluntary and requires participants to abide by applicable rules and standards of conduct.

In case of an emergency involving me or my child, I understand that every effort will be made to contact the individual listed as the emergency contact person. In the event that this person cannot be reached, permission is hereby given to the medical provider selected by the adult leader in charge to secure proper treatment, including hospitalization, anesthesia, surgery, or injections of medication for me or my child. Medical providers are authorized to disclose protected health information to the adult in charge, camp medical staff, camp management, and/or any physician or health care provider involved in providing medical care to the participant. Protected Health Information/Confidential Health Information (PHI/CHI) under the Standards for Privacy of Individually Identifiable Health Information, 45 C.F.R. §§160.103, 164.501, etc. seq., as amended from time to time, includes examination findings, test results, and treatment provided for purposes of medical evaluation of the participant, follow-up and communication with the participant's parents or guardian, and/or determination of the participant's ability to continue in the program activities.

I have carefully considered the risk involved and give consent for myself and/or my child to participate in these activities. I approve the sharing of the information on this form with BSA volunteers and professionals who need to know of medical situations that might require special consideration for the safe conducting of Scouting activities.

I release the Boy Scouts of America, the local council, the activity coordinators, and all employees, volunteers, related parties, or other organizations associated with the activity from any and all claims or liability arising out of this participation.

- Without restrictions.
- With special considerations or restrictions (list) _____

TALENT RELEASE AGREEMENT

I hereby assign and grant to the local council and the Boy Scouts of America the right and permission to use and publish the photographs/film/videotapes/electronic representations and/or sound recordings made of me or my child at all Scouting activities, and I hereby release the Boy Scouts of America, the local council, the activity coordinators, and all employees, volunteers, related parties, or other organizations associated with the activity from any and all liability from such use and publication.

I hereby authorize the reproduction, sale, copyright, exhibit, broadcast, electronic storage, and/or distribution of said photographs/film/videotapes/electronic representations and/or sound recordings without limitation at the discretion of the Boy Scouts of America, and I specifically waive any right to any compensation I may have for any of the foregoing.

- Yes No

ADULTS AUTHORIZED TO TAKE YOUTH TO AND FROM EVENTS:

You must designate at least one adult. Please include a telephone number.

- 1. Name _____ Telephone _____
- 2. Name _____ Telephone _____
- 3. Name _____ Telephone _____

Adults NOT authorized to take youth to and from events:

- 1. Name _____
- 2. Name _____
- 3. Name _____

I understand that, if any information I/we have provided is found to be inaccurate, it may limit and/or eliminate the opportunity for participation in any event or activity.

If I am participating at Philmont, Philmont Training Center, Northern Tier, or Florida Sea Base: I have also read and understand the risk advisories explained in Part D, including height and weight requirements and restrictions, and understand that the participant will not be allowed to participate in applicable high-adventure programs if those requirements are not met. The participant has permission to engage in all high-adventure activities described, except as specifically noted by me or the health-care provider.

Participant's name _____

Participant's signature _____ Date _____

Parent/guardian's signature _____ Date _____
(If participant is under the age of 18)

Second parent/guardian signature _____ Date _____
(If required; for example, CA)

This Annual Health and Medical Record is valid for 12 calendar months.

Part B Full name: _____ DOB: _____

High-adventure base participants:
 Expedition/crew No.: _____
 or staff position: _____

Part C

TO THE EXAMINING HEALTH-CARE PROVIDER (Certified and licensed physicians [MD, DO], nurse practitioners, and physician's assistants)

You are being asked to certify that this individual has no contraindication for participation in a Scouting experience. For individuals who will be attending a high-adventure program at one of the national high-adventure bases, please refer to Part D for additional information.

(Part D was made available to me. Yes No)

PHYSICAL EXAMINATION

Height (inches) _____ Weight (pounds) _____ Maximum weight for height _____ Meets height/weight limits Yes No
 Blood pressure _____ Pulse _____ Percent body fat (optional) _____

If you exceed the maximum weight for height as explained on this page and your planned high-adventure activity will take you more than 30 minutes away from an emergency vehicle-accessible roadway, you **will not** be allowed to participate. At the discretion of the medical advisors of the event and/or camp, participation of an individual exceeding the maximum weight for height may be allowed if the body fat percentage measured by the health-care provider is determined to be 20 percent or less for a female or 15 percent or less for a male. (Philmont requires a water-displacement test to be used for this determination.) Please call the event leader and/or camp if you have any questions. Enforcing the height/weight guidelines is strongly encouraged for all other events.

	Normal	Abnormal	Explain Any Abnormalities	Range of Mobility	Normal	Abnormal	Explain Any Abnormalities
Eyes				Knees (both)			
Ears				Ankles (both)			
Nose				Spine			
Throat							
Lungs							
Neurological				Other	Yes	No	
Heart				Contacts			
Abdomen				Dentures			
Genitalia				Braces			
Skin				Inguinal hernia			Explain
Emotional adjustment				Medical equipment (i.e., CPAP, oxygen)			
Tuberculosis (TB) skin test (if required by your state for BSA camp staff) <input type="checkbox"/> Negative <input type="checkbox"/> Positive							

Allergies (to what agent, type of reaction, treatment): _____

Restrictions (if none, so state) _____

EXAMINER'S CERTIFICATION

I certify that I have reviewed the health history and examined this person and find no contraindications for participation in a Scouting experience. This participant (with noted restrictions above)

True False

- Meets height/weight requirements
- Does not have uncontrolled heart disease, asthma, or hypertension
- Has not had an orthopedic injury, musculoskeletal problems, or orthopedic surgery in the last six months or possesses a letter of clearance from their orthopedic surgeon or treating physician
- Has no uncontrolled psychiatric disorders
- Has had no seizures in the last year
- Does not have poorly controlled diabetes
- If less than 18 years of age and planning to scuba dive, does not have diabetes, asthma, or seizures

Provider printed name _____

Address _____

City, state, zip _____

Office phone _____

Signature _____

Date _____

Height (inches)	Recommended Weight (lbs)	Allowable Exception	Maximum Acceptance
60	97-138	139-186	168
61	101-143	144-172	172
62	104-148	149-178	178
63	107-152	153-183	183
64	111-157	158-189	189
65	114-162	163-195	195
66	118-167	168-201	201
67	121-172	173-207	207
68	125-178	179-214	214
69	129-185	186-220	220
70	132-188	189-226	226
71	136-194	195-233	233
72	140-199	200-239	239
73	144-205	206-246	246
74	148-210	211-252	252
75	152-216	217-260	260
76	156-222	223-267	267
77	160-228	229-274	274
78	164-234	235-281	281
79 & over	170-240	241-295	295

This table is based on the revised Dietary Guidelines for Americans from the U.S. Dept. of Agriculture and the Dept. of Health & Human Services.

DO NOT WRITE IN THIS BOX

REVIEW FOR CAMP OR SPECIAL ACTIVITY
 Reviewed by _____ Date _____
 Further approval required Yes No Reason _____
 By _____ Date _____

Part C Full name: _____ **DOB:** _____

Unit Swim Classification Record

This is the individual's swim classification as of this date. Any change in status after this date i.e., non-swimmer to beginner or beginner to swimmer, would require a reclassification test by the Camp Aquatics Director.

SPECIAL NOTE: When swim tests are conducted away from camp or at the point of activity, the Aquatics Director shall, at all times, reserve the authority to review or retest all participants to assure that standards have been maintained.

Unit Number _____ Date of Swim Test _____

	Full Name (Please Print)	Swim Classification		
		Non-swimmer	Beginner	Swimmer
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				

Name of Person Conducting Test: (Provide copies of Certifications)

Print Name

Signature

Unit Leader:

Print Name

Signature

Unit Roster

(make copies as necessary)

Turn in two (2) copies of this form at check-in

List only the Scouts who will be attending camp

Please Complete Clearly and Completely

Council _____ Troop Number _____

District _____ Campsite _____

Scoutmaster (or Camp Leader): _____

Assistant Scoutmaster: _____

Other Leaders: _____

	Leaders - Please Check & Fill Out			
	Fee Paid	Medical Exam	Year in Camp	
Scouts In Camp				
SPL:				
2.				
3.				
4.				
5.				
6.				
7.				
8.				
9.				
10.				
11.				
12.				
13.				
14.				