



Course Director: Jim Mehaffy email: [jpmehaffy@gmail.com](mailto:jpmehaffy@gmail.com)

# Wilderness First Aid

ASHI's Wilderness First Aid program is designed to meet or exceed the Boy Scouts of America *Wilderness First Aid Curriculum and Doctrine Guidelines, 2017 Edition*. This comprehensive program prepares camp counselors, trail guides and other outdoor enthusiasts how to respond with effective emergency care in the unique situations that wilderness environments create.

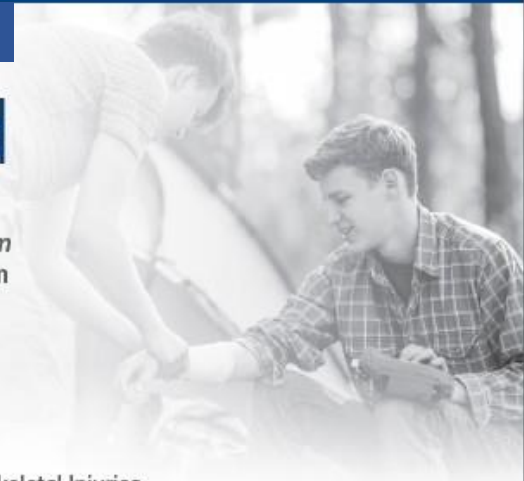
## Course highlights

- Designed for individuals who are not healthcare providers or professional rescuers but desire or are required to be certified in wilderness first aid knowledge and skills
- Comprehensive student book and clear, concise course content
- 2-year certification
- 16-hour class with emphasis on hands-on skills and scenario practices
- Musculoskeletal Injuries
- Extended Injury Management
- Poisoning
- Heat and Cold Emergencies
- Bites and Stings
- Submersion (Drowning)
- Lightning Strikes
- Altitude Illnesses

## Class topics include:

The course follows the BSA curriculum, and includes topics such as:

- Wilderness First Aid
- Moving and Lifting
- Initial and Focused Assessments
- Shock
- Control of Bleeding
- Caring for Wounds
- Cleaning, Closing and Dressing Wounds
- Burns



Date: April 25 – 26, 2020

Time: 8 am Saturday to 6 pm Sunday

Location: Camp Eastman

Cost: \$50 / Student

Registration: Contact Scout Office by April 10<sup>th</sup> @ 5:30 pm

**\*\*\* Current CPR/AED Certification required for course completion \*\*\***

Students will need to bring all camping supplies to include food for meals to be cooked in campsite. Students will be expected to camp in tents as part of the class. Class will begin at 8 am Saturday. Students may camp Friday night with permission from course director. This course is interactive and students are expected to participate in all activities.

