

LION

Below are ideas for completing each of the Lion REQUIREMENTS with likely household access. There are 7 ELECTIVES which can also be completed contained in your Lion Handbook. If you don't have your Lion handbook, you can google electives or find it at <https://cub-scouting/ranks/lion/adventures/>

Show the Cub Scout sign to your adult partner. Adult Partner: 2 fingers on the right hand; arm held straight up. Resembles the wolf ears listening!	Lion's Honor Requirement #1
Repeat the Cub Scout Motto (DO YOUR BEST) Adult Partner: say the motto and have the scout repeat it. Explain that you try to accomplish a skill to the best of your ability.	Lion's Honor Requirement #2
Play a game with your adult partner and/or siblings use good sportsmanship and follow the rules	Lion's Honor Requirement #3
Go on a ride looking for hearts with your adult partner	Lion's Honor Requirement #4

If this is the first time you have completed all of these requirements above, let your leader know. You have earned the Lion's Honor Belt Loop

Select 3 exercises you can do daily. Do them for 5 days	Fun on The Run #1
Help make a nutritious snack. (trail mix, ants on a log...)	Fun on The Run #2
Talk with your adult partner about why the body needs rest	Fun on the Run #3
Participate in a Jungle Field Day Adult Partner: Set up 3 or 4 games like: toss the ball/marshmallow in to a bowl, stack plastic cups as fast as you can, keep a balloon or ball in the air for as long as you can, make a paper airplane and mark a spot and see who can fly it closest to the target.	Fun on the Run #4

If this is the first time you have completed all of these requirements above, let your leader know. You have earned Fun on the Run Belt Loop

Watch a video or read a book about a police officer or firefighter	Animal Kingdom #1
Know where the bandaids are in your house and tell your adult partner when you would use a bandaid; get ice or an ice pack from your freezer and put it in a zip lock. Tell your adult Partner when you would use it.	Animal Kingdom #2
Practice shutting lights off in rooms not in use and shutting the water completely off when not needed for 2 weeks. Adult Partners may need to gently remind.	Animal Kingdom #3
Write a letter to someone in the nursing home. Deliver it following safe protocol or mail it.	Animal Kingdom #4

If this is the first time you have completed all of these requirements above, let your leader know. You have earned Animal Kingdom Belt Loop

Gather the six essentials needed when you go on an outdoor adventure. Adult Partner: flashlight, water bottle WITH water, whistle (a bell would work too), first aid kit (bandaid, ointment, gauze or paper towel, aspirin, antiseptic wipe) sunscreen or hat.	Mountain Lion #1
Learn SAW: Stop, Answer, Whistle (Adult Partner: great way to play a game of hide and seek outside [inside works too]. Have your scout hide and give you 2-3 minutes to find them before they whistle or answer)	Mountain Lion #2
watch a video on how to respect nature when hiking.	Mountain Lion #3

If this is the first time you have completed all of these requirements above, let your leader know. You have earned Mountain Lion Belt Loop

Watch a video of a flag ceremony (preferably something more scout oriented than military or complicated) Talk about what you noticed. Practice the Pledge of Allegiance using the right hand on heart and with the scout salute.	King of the Jungle #1
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With your adult partner explain how to be a good citizen (no littering, help others, writing letters to nursing home, pick up trash in your yard. Can you think of other things?) Draw a picture or take a picture of you being a good citizen.

King of the Jungle #2

Explain what it means to be a good leader. (Take turns, be fair, follow rules, be kind to others.

Can you think of others?

King of the Jungle #3

If this is the first time you have completed all of these requirements above, let your leader know. You have earned Mountain Lion Belt Loop

With your adult partner review the pamphlet in front of your handbook on How to Protect Your Children from Child Abuse: A Parent's Guide. If you don't have the handbook, you can download it at scouting.org

C+A1:B28ongratulations! When all of the above have been completed, you have completed Lion Requirements for Kindergarten age scouts. Be sure to let your leader know so they can record the achievement and get you the Lion Rank Badge. (Due to current situations, it may be some time before you actually receive it as the scout offices are closed and nobody should be socializing. Please be patient!) Are you looking for other good ideas? Check out the elective adventures for Cub Scouts. You earn a belt loop for every elective completed but you have to notify your leader so they can be recorded and purchased. Be sure to take advantage of summer camp for Cub Scouts and other activities offered by the district or council. Check the council website for current plans. www.mississippivalley.org