



Course Director: Jim Mehaffy email: jpmehaffy@gmail.com

Wilderness First Aid

ASHI's Wilderness First Aid program is designed to meet or exceed the Boy Scouts of America *Wilderness First Aid Curriculum and Doctrine Guidelines, 2017 Edition*. This comprehensive program prepares camp counselors, trail guides and other outdoor enthusiasts how to respond with effective emergency care in the unique situations that wilderness environments create.

Course highlights

- Designed for individuals who are not healthcare providers or professional rescuers but desire or are required to be certified in wilderness first aid knowledge and skills
- Comprehensive student book and clear, concise course content
- 2-year certification
- 16-hour class with emphasis on hands-on skills and scenario practices
- Musculoskeletal Injuries
- Extended Injury Management
- Poisoning
- Heat and Cold Emergencies
- Bites and Stings
- Submersion (Drowning)
- Lightning Strikes
- Altitude Illnesses

Class topics include:

The course follows the BSA curriculum, and includes topics such as:

- Wilderness First Aid
- Moving and Lifting
- Initial and Focused Assessments
- Shock
- Control of Bleeding
- Caring for Wounds
- Cleaning, Closing and Dressing Wounds
- Burns



Date: February 27 & 28, 2021

Time: 8:00 AM – 4:30 PM each day

Location: Camp Eastman

Cost: \$50 / Student

Registration: Must Sign Up by February 12th to ensure course material is purchased in time

Due to COVID-19, class will be Saturday and Sunday with no overnight required. **SLOTS LIMITED TO 10 PARTICIPANTS!** Students will need to bring lunch both days. Class will begin at 8 am and last until 4:30 each day. This course is interactive, and students are expected to participate in all activities.

