## **Cub Scout Adventure Camp Guide**

2024

Camp Eastman

Session A: June 21-22-23

Session B: June 28-29-30



## Mississippi Valley Council Boy Scouts of America

Saukenauk Scout Reservation 2948 E. 1000th Street Mendon, IL 62351



Camp Eastman 750 E. Co. Rd. 1780 Nauvoo, IL 62354

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## **Forms & Documents**

Visit our website at <a href="https://www.mississippivalleybsa.org/camps/camp-resources-3/">https://www.mississippivalleybsa.org/camps/camp-resources-3/</a> for more resources including:

- 2024 Camp Staff Application
- BSA Annual Health and Medical Record (Parts A, B1 and B2 are needed by all attending)
  You can also find the medical form here: <a href="https://www.scouting.org/health-and-safety/ahmr/">https://www.scouting.org/health-and-safety/ahmr/</a>
- Mississippi Valley Council Campership Form
- Refund Request Form
- Swim Test Certification
- Scout Release Request
- Camp Maps

cub Scout Adventure Camp READY, SET, GO!



## **Cub Scout Adventure Camp**

A 2-Night/3-Day adventure at Camp Eastman, located on the bluffs above the Mississippi River. Scouts can experience life-changing adventures as they learn new skills, make new friends, and experience nature like never before! This camp is designed for the *family* to have a great time in the outdoors, we encourage every Scout to have a parent attend to assist with activities and join in on the fun!

WHO: Boys & Girls entering grades 1-3 in the fall, their parents, leaders, and den chiefs

**WHEN:** Two opportunities from which to choose:

Session A: June 21 – 23 (Family Night is Saturday, June 22nd) Session B: June 28 – 30 (Family Night is Saturday, June 29th)

**COST:** Below is the price structure. **Camperships, fundraising opportunities, and camper savings opportunities are available.** 

Cub Scout Adventure Camp				
2024 Early Bird	\$170/Scout			
If deposit is paid by 4/15/24	\$85/Adult			
2024 Standard Price	\$200/Scout			
If fees paid after 4/15/24	\$100/Adult			

#### **FAMILY NIGHT**

Siblings and parents of Scouts are welcome as visitors on Family Night. All visitors must check in at the Camp Office or Trading Post to receive a Camp bracelet. Meal tickets are \$10.00 per person and can be purchased at the Trading Post. Infants and Toddlers not eating in the Dining Hall will not have a fee and must be accompanied by an adult at all times. They should still be signed in at the office.

#### **FAMILY NIGHT SCHEDULE**

4:00 – 5:00 PM – Families start arriving 6:00 PM – Dinner at the Dining Hall 7:30 PM – Evening Program

# Adventure Awaits Your Scout in the Following Program Areas:

Archery
Aquatics
Waterfront – Fishing & Canoeing
Champions for Nature
BB Guns
Sling shots
Specific adventures will be announced in April after the program updates are announced.
Additional elective adventures may be added after new program updates are announced in March. Look for those additional adventures at April Roundtables and the May 14th Leader's Meeting.

## **Tentative Daily Schedule - Cub Scout Adventure Camp**

	Day 1	Day 2	Day 3
7:00 AM		-	
7:15AM			Scout is Reverent (Optional)
7:45 AM			
8:00 AM		Breakfast	Breakfast
8:45 AM		Flags	Flags
9:00 AM			
9:45 AM			
10:00 AM	Early Bird Arrival *May drive to campsite to unload	Activity Schedule	Activity Schedule
10:45 AM	*Setup campsite		
11:00 AM	*Various program areas open.		
11:30 AM	Camp-In Registration		
11:45 AM	*No vehicles allowed in camp*		Sack Lunches Available in Trading
12:00 PM	1. Medical check-in		Post
12:15 PM	2. Swim Check	Lunch	Check Out
12:30 PM	3. Set up Camp Site	Lanch	*May Drive into campsite to load
1:00 PM	*If arriving after 1:30 pm, please go to Trading Post.		
1:45 PM	Camp Wide Activities, after		Check-Out by 1:00PM
2:00 PM	check-in process is completed.		BEFORE LEAVING
			1. Clean latrines
2:45 PM		Afternoon Activity Schedule	2. Patrol campsites for litter and
3:00 PM			other items 3. Camp Staff will clear your pack
3:45 PM			4. Pick up medical forms
4:00 PM			5. Check lost and found
4:30 PM			6. Turn in evaluations
4:45 PM	Leader's Meeting	Free time!!	7. Remove gear
5:45 PM	Flags	Flags	
6:00 PM	Dinner	Dinner	
7:00 PM			
7:30 PM	Welcome Activities & Games	Family Night Compfire	
8:00 PM		Family Night Campfire	
9:00 PM	Night Hiking Trail is Open until 10:00 PM	Night Hiking Trail is Open until 10:00 PM	

### Planning your Summer Camp Adventure

#### January – March

Make a plan for your unit to attend camp

Promote Camp at Pack Meetings



Watch for update emails and check our Facebook page often for any updates Sell Discount Cards to help offset cost

Attend Pre-Camp Leader's Meetings on March 5th

Review Camp Guide, make copies for all families or email copies to all families.

#### **April**

Submit Registration Fees – Early Bird fees due by April 15th (late fees will apply after this date) Apply for Camperships if needed, by March 15th

#### May

Collect BSA Health Forms (Parts A, B1 and B2 of the Health Form is required for all attending)
Confirm special needs, such as special diets or physical arrangements with Camp Director



#### Arriving at Camp

Check-in begins at 11:30AM. Scouts may arrive any time after 10:00AM to move equipment into camp, but the check-in process will not begin until 11:30. If arriving before 11:30 all scouts must be accompanied by two adults at all times and must remain in their campsites or parking lot. Check-in will be at the Lowther building (where the cement horse statue is). If arriving after 1:30, please check in at the trading post.

Please be prepared to carry your own gear to your campsite. Wagons and staff members may be available to help you, but plan as if it is not.

#### BSA Health and Medical Record for Cub Scout Adventure Camp

Parts A, B1 and B2 of the BSA Health and Medical Record are required for everyone staying overnight at camp – youth and adults. The Health and Medical Record can be downloaded here: <a href="https://www.scouting.org/health-and-safety/ahmr/">https://www.scouting.org/health-and-safety/ahmr/</a>. The forms can be collected by your Pack leader ahead of the event or turned in to the Medical Officer when you arrive at camp. Please do not turn in medical information to the Scout Office. We suggest the family keep a copy for their records.

#### **Dining Hall Orientation**

We aim to maximize the amount of time your Scouts get to spend working on adventures, exploring, adventuring, and making memories. Visit the dining hall during orientation to learn the basic rules and patterns of the Camp Eastman dining hall. Meals will be served per tradition with a buffet line, salad bar, and after-meal song.

#### **Swim Checks**

Scouts will take a swim test as part of the check-in process. Swim checks may be done prior to camp by using the form available on the council website at <a href="www.mississippivalleybsa.org">www.mississippivalleybsa.org</a>. Aquatics Director may retest Scouts and Scouters.

#### **Camp Sites**

Camp sites will be assigned by the camp director, beginning with units who need electricity for medical reasons. You will receive a campsite assignment at check in. Campsites will also be posted for early bird check-in. You are welcome to contact the scout office for your campsite ahead of time, but we reserve the right to shift units if necessary. Please confirm your campsite upon check-in.

## **Camp Rules**

All units in camp must have at least two (2) leaders with the unit 24 hours a day. One leader must be at least 21 years of age. The second leader must be at least 18 years of age. Leaders may rotate if necessary.

No one is allowed to smoke in program areas, campsites or anywhere in the presence of youth. This includes the use of electronic cigarettes, personal vaporizers, or electronic nicotine delivery systems that simulate tobacco smoking. A designated area will be available for those adults wishing to do so. Marijuana and alcohol are prohibited on camp property. Bringing either of these items to camp is grounds for removal from camp property and will not be subject to refunds.

No firearms, bows, or arrows of any kind may be brought to camp. Absolutely no fireworks or personal ammunition of any kind are permitted at camp.

Liquid fuels are not permitted at camp. Propane may be used, but only under the supervision of an adult.

No fires or open flames are allowed in or near tents. This includes self-contained stoves and lanterns, mosquito coils, citronella candles and other such items. All tents must be clearly marked, "NO FLAMES IN TENTS."

Sheath knives are not practical for the type of camping done at summer camp. Do not allow your Scouts to bring them to camp.

Avoid using aerosol spray cans while at camp wherever possible.

Campers and RV's are not permitted in camp without prior approval of the Scout Office.

No electricity, except solar, is to be generated in campsites which includes running of extension cords from power sources. Units that have disability needs should work with the Camp Director prior to camp to accommodate where possible.

Batteries (inverter and/or rechargeable marine batteries) used for medical needs are allowed to be recharged at a location specified by the Camp Ranger. Vehicles will not be allowed to be used as sources of power in campsites.

All private vehicles are to be parked in the camp parking lot. Unit trailers can remain at the campsite.

Personal bicycles are not permitted on camp property during summer camp.

No pets are to be brought to camp.

No additional family members or additional guests will be allowed to stay at camp unless they are registered campers.

Identification Bracelet - Each Scout and adult leader will be issued a color-coded bracelet for identification purposes. These bracelets must be worn at all times.

Closed toed shoes/sandals must be worn-please no flip-flops or open-toed sandals. This is done for safety reasons. Flip flops/open-toed sandals are allowed in the shower house, pool, and beach area.



Youth Protection policies & adequate adult leadership are required at all time.

#### **Adult Leadership**

Youth Protection and *Guide to Safe Scouting* policies apply. Please remember two deep leadership is imperative. There must be one adult for every five Scouts attending with a minimum of two adults in camp at all times. Youth Protection Training may be taken as a self-study e-learning course at <a href="https://www.scouting.org">www.scouting.org</a>.

#### **Swim Qualifications**

All Scouts and leaders participating in aquatic adventures will be tested by the aquatics staff and placed into one of three ability groups. Scouts who do not satisfy the requirements may retake the test as frequently as they desire.

*Non-Swimmer* – Anyone who either opted out of the test or was unable to complete the full test.

Beginner – Jump feet first into water over your head, come to the surface, level off, swim 25 feet, turn sharply, and come back to the starting point. Swimmer – Jump feet first into water over your head and surface. Swim 75 yards in a strong manner using one or more of the following strokes: sidestroke, breaststroke, trudge, or crawl. Swim 25 yards on your back, using the elementary backstroke. Rest by floating for 10 seconds.

## **Health and Safety**

#### **Health Lodge and Emergency Care**

24-hour emergency medical care will be available by a trained Health Officer. A Scout or leader that has a medical problem should report to the Health Lodge as soon as possible. A medical doctor is on call for medical advice and emergencies and an AED is located in the Health Lodge.

#### **Insurance**

The Mississippi Valley Council provides accident and liability insurance for those persons registered in the Boy Scouts of America and are registered campers. No other youth are permitted to camp nor participate in the program of the camp for insurance reasons. Out of Council units must present proof of insurance from their council upon check-in on Sunday or mail to the Scout Service Center prior to the camp session. Any accident that occurs while they are at camp is covered first by your insurance and then our insurance kicks in second. Claim forms must be filled out by the parents and physician and submitted to the Scout Service Center. Additional information about filing claims can be obtained from the Council Service Center (217) 224-0204.

#### **Medication**

While in camp, medications may be held by either the Health Officer or a Unit Leader. A Unit Leader may only keep medication if they can provide lockable storage at all times. All other medications will be checked in with the Health Officer after arrival.

#### **Vaccinations**

A tetanus immunization is required to participate. Other immunizations that are recommended can be found in the Guide to Safe Scouting and the Annual Health & Medical Record form published in January of 2022.

